

Enlace Comunitario

Life Skills Classes

Enlace Comunitario Life Skills Classes include:

English as a Second Language (ESL) classes for victims of domestic violence are facilitated by volunteers. Learning English reduces the level of isolation and vulnerability facing many of our clients. While none of the clients mastered English at Enlace Comunitario, many of them gained the confidence to continue on in their studies at different institutions.

Nutrition And Cooking Class for very little children, for adolescents and for adults. In addition to learning about healthy eating and lifestyle, each class had a food demo.

Promotora Group for clients who want to give back to the community by educating immigrants about the benefits and barriers facing immigrant victims of domestic violence.

Psycho-education Classes for Children where the children learn about healthy relationships, safety planning, and confidentiality, good and bad touch, etc.

Writers Group for clients who want to learn how to heal their trauma through writing.